



SecondFamily

memory care center

Transformational Memory Care Based On
Quality of Life, Dignity, Purpose, and Joy

INTRODUCTION



MY Story

MISSION

- Offer education and training
- Advocate for ADRD treatment, services, and funding
- Offer a day and night program
- Provide skilled care and structured activities
- Manage symptoms and stress of “Sundowner’s Syndrome”
- Provide respite to families and other caregivers



OBJECTIVES

- Improve the quality of life for individuals with ADRD
- Provide support and respite for ADRD caregivers
- Promote and preserve participants' level of functioning
- Provide a safe and loving community-based alternative to institutionalization



TARGET MEMBERS

- Can no longer structure daily activities
- Are isolated and desire socialization
- Cannot be safely left at home alone
- Are suffering from “Sundowner’s Syndrome”
- Live with someone who works outside the home
- Have no family left or none living local
- Whose caregiver needs a respite




DAY SERVICES

- Individualized care plan reflecting participant's life story
- Medication Assistance
- Personal care
- Arts and crafts
- Mind stimulating activities
- Exercise programs
- Music therapy & entertainment
- Community projects
- Community outings
- Nutritious meals
- Transportation



ACTIVITY CALENDAR

<p>Natn. Day of Encouragement 7 - 9am Cont. Breakfast 9:00am Chit Chat 10:00am Morning Snack 10:30am Current Events 11:00am Chair Exercise 12:00pm Noon News 12:45pm Lunch 1:30pm Group Walk 2:00pm CLASSICAL CRAFTS 2:30pm Afternoon Snack 3:00pm Encouragement Circle 4 - 6pm Members' Choice</p>	<p>7 - 9am Cont. Breakfast 9:00am Chit Chat 10:00am Morning Snack 10:30am Current Events 11:00am Chair Exercise 12:00pm Noon News 12:45pm Lunch 1:30pm Walking Club 2 - 4 pm End of Summer Luau 4 - 6pm Members' Choice</p>	<p>7 - 9am Cont. Breakfast 9:00am Chit Chat 10:00am Morning Snack 10:30am Current Events 11:00am Chair Exercise 12:00pm Noon News 12:45pm Lunch 1:30pm Walking Club 2 - 4pm Movie in Theater Room w/ popcorn 4 - 6pm Members' Choice</p>	<p>Natn. Ice Cream Cone Day 7 - 9am Cont. Breakfast 9:00am Chit Chat 10:00am Morning Snack 10:30am Current Events 11:00am Chair Exercise 12:00pm Noon News 12:45pm Lunch 1:30pm Nail and Hair Care 2-4:00pm Walk to Farmer's Market & Ice Cream Snack 4 - 6pm Members' Choice</p>	<p>7 - 9am Cont. Breakfast 9:00am Chit Chat 10:00am Morning Snack 10:30am Current Events 11:00am Chair Exercise 12:00pm Noon News 12:45pm Lunch 1:30pm Pet Therapy w/ Cassie 3:00pm Sing-Along 4 - 6pm Members' Choice</p>
<p>7 - 9am Cont. Breakfast 9:00am Chit Chat 10:00am Morning Snack 10:30am Current Events 11:00 Chair Exercise 11:45 Snack/Drink 12:00 Noon News 1:00 Lunch 1:45 Group Walk 2-4 Oktoberfest w/ John Stevens 4:15 - 6pm Members' Choice</p>	<p>7 - 9am Cont. Breakfast 9:00am Chit Chat 10:00am Morning Snack 10:30am Current Events 11:00 Chair Exercise 11:45 Snack/Drink 12:00 Fall Foliage Drive 1:00 Lunch 1:45 Group Walk 2:30 Snack/Drink 3:00 Pumpkin Decorating 4:15 - 6pm Members' Choice</p>	<p>7 - 9am Cont. Breakfast 9am - 4pm Fair</p>  <p>4 - 6pm Members' Choice</p>	<p>Broadway Musicals Day 7 - 9am Cont. Breakfast 9:00am Chit Chat 10:00am Morning Snack 10:30am Current Events 11:00am Chair Exercise 12:00pm Noon News 12:45pm Lunch 1:30pm Nail and Hair Care 2-4:00pm Karaoke Party and snack 4 - 6pm Members' Choice</p>	<p>Natn. Dessert Day 7 - 9am Cont. Breakfast 9:00am Chit Chat 10:00am Morning Snack 10:30am Current Events 11:00 Dessert Prep 11:45 Snack/Drink 12:00 Noon News 1:00 Lunch 1:45 Group Walk 2:30 Dessert/Drink 3:00 Sing-Along 4:00 - 6pm Members' Choice</p>

PERSONAL CARE



NIGHT CLUB



SUMMARY



"People will forget what you said, people will forget what you did, but people will never forget how you made them feel."

~ Maya Angelou