www.arts.pa.gov

OUR MISSION

The Mission of the Pennsylvania Council on the Arts (PCA) is to strengthen the cultural, educational, and economic vitality of Pennsylvania's communities through the arts.

GOALS

- Strengthen Pennsylvania communities through the arts.
- Connect and increase Pennsylvanians' access to lifelong learning through the arts
- Champion public awareness and appreciation of the arts in Pennsylvania communities.

ACTIVITIES

The PCA accomplishes its mission through a combination of:

- Grants to the arts;
- Partnerships and initiatives; and
- Serving as a resource for arts-related information.

ARTS AND HEALTH

Whole Person Caring -holistic approach to healthcare with awareness to the person's physical, mental, emotional, and spiritual well being.

Arts can….

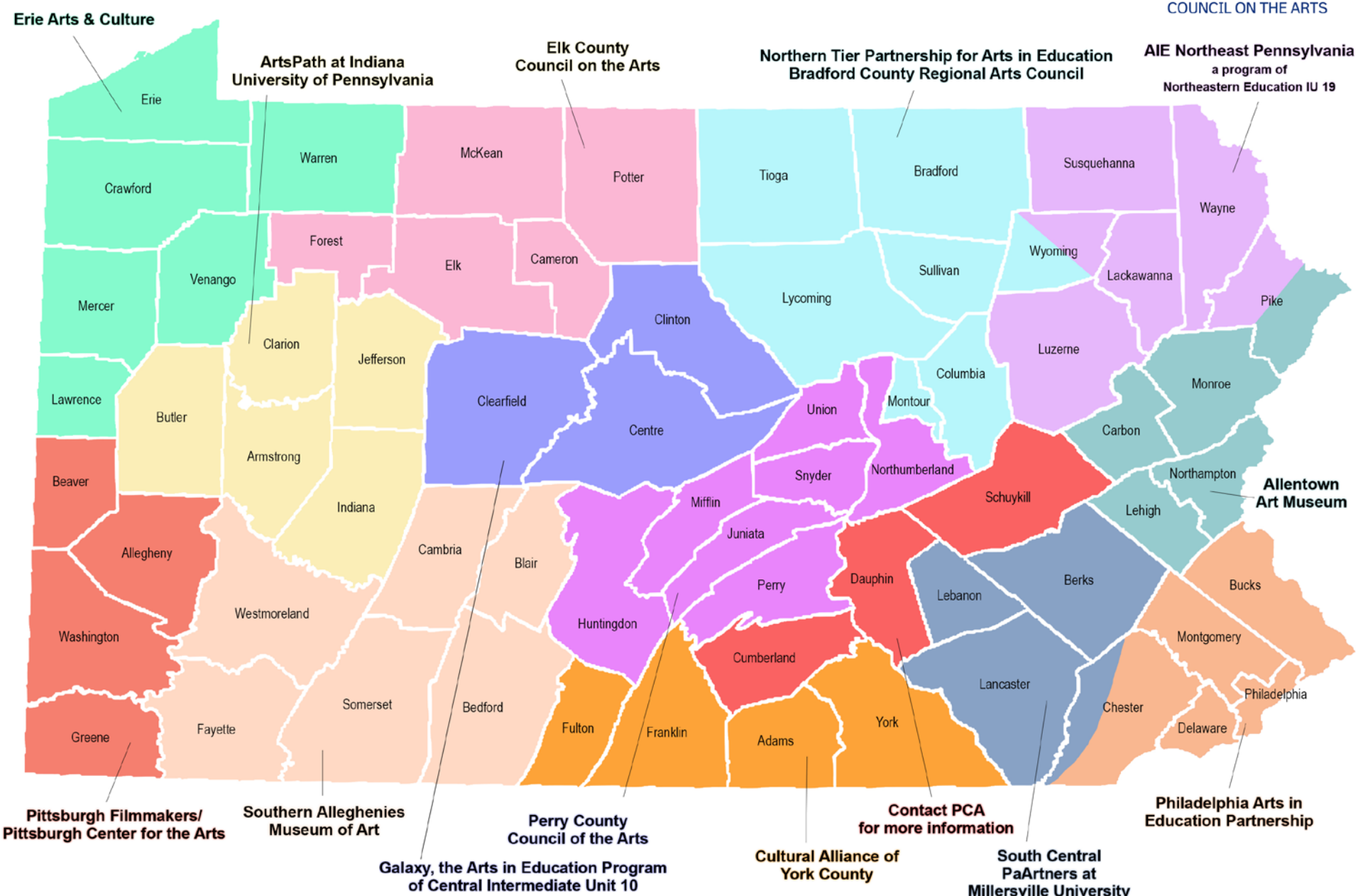
- Create opportunities for personal choice and self expression
  - Enhance healing by creating beautiful environments
- Create meaningful moments for patients and families

CREATIVE AGING

Creative Aging is evidence-based arts programming that focuses on skill building, mental wellness, creative expression and community building. It's healthy aging through participation in a creative process, social engagement and skills mastery. It's about providing meaningful opportunities to seniors in visual, literary and performing arts workshops/residencies.

Arts in Education Partnership

pennsylvania COUNCIL ON THE ARTS



WHAT IS A RESIDENCY?

A substantial period of time (10-20 days) in which an artist(s) work intensively with small groups of students ("core groups") on a project that enhances what is already happening in the classroom or community setting. The artist's role is that of mentor/facilitator and technical advisor on necessary skills in their particular art form.

How could an AIE Residency apply to working with older Pennsylvanians?

Creative Aging Residency

WHAT IS A CREATIVE AGING RESIDENCY?

It's when a trained teaching artist is matched with a senior center, care facility, service organization etc… to design a multi-day residency project that engages the participants in an authentic art experience.

RESIDENCY FUNDING

10 day residency – 30% of PCA Funds

15 day residency – 40% of PCA Funds

20 day residency – 50% of PCA Funds

- * *the host site provides the balance*

CREATIVE AGING RESIDENCIES

SOCIAL ISOLATION RESEARCH

PCA and the PA Dept. of Aging collaborated on a creative aging research project led by Dr. Catherine Cullen through the University of Scranton in 2017. This study investigated the effect of a ten-day creative aging artist residency program on social connectedness and isolation issues for seniors.

All participants were aged sixty years or older and participated in programming in state-funded senior community centers located in fourteen sites throughout the Commonwealth of Pennsylvania. Artists offered 10 sessions in creating and critiquing art to senior citizens in their respective art forms including performing arts, visual arts and multidisciplinary/interdisciplinary arts.

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RESULTS

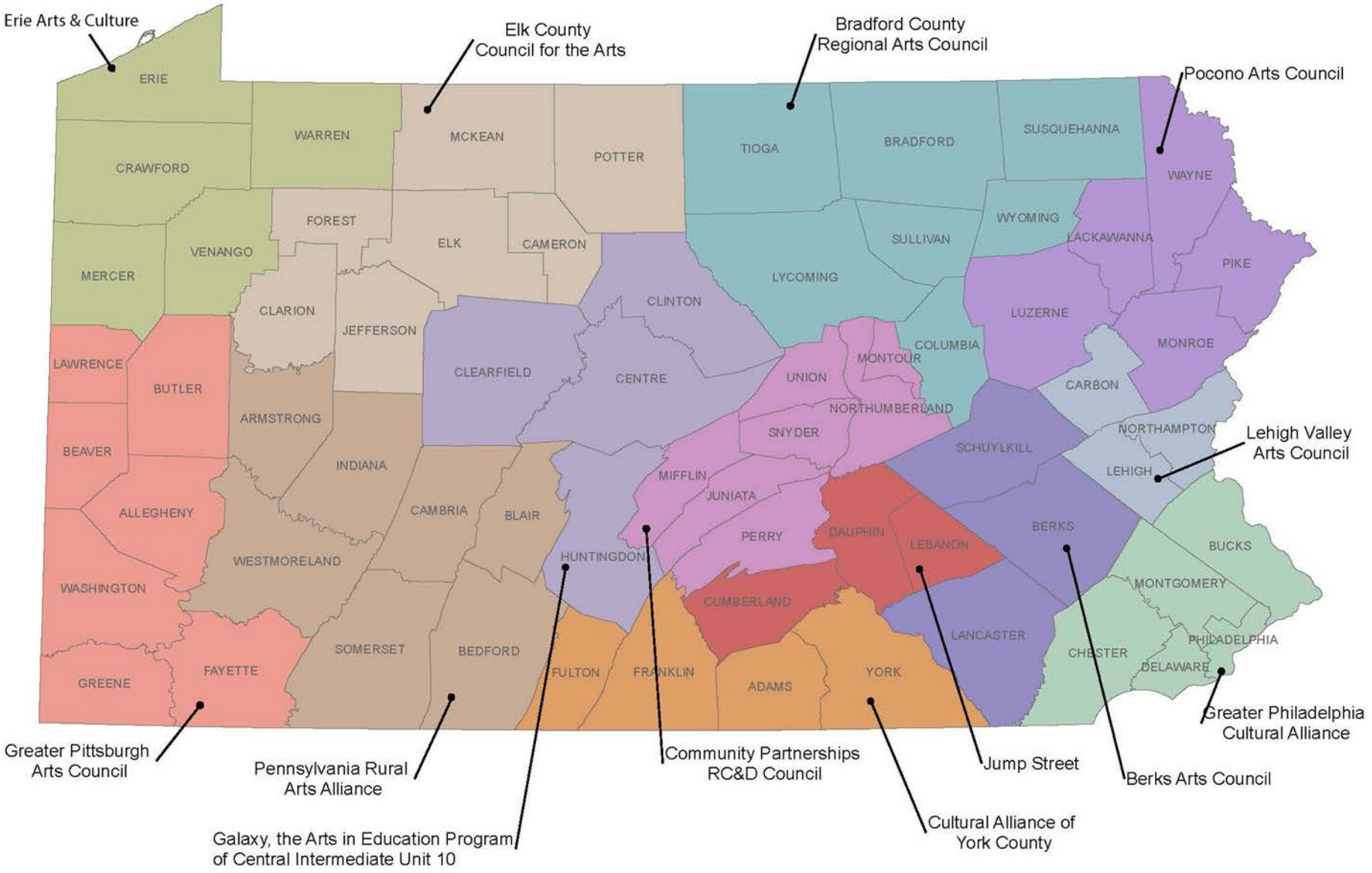
Through pre and post-tests, changes in loneliness were measured using the Revised UCLA Loneliness Scale.

The data revealed that there was a significant correlation between a self-reported decrease in feelings of loneliness and participation in a program conducted by professional artists.

QUALITATIVE SURVEY RESULTS

- Learned more about myself through sharing my stories in an art form.
- My mood improved.
- I made new friends.
- I participate now in more social activities.
- I feel more connected to the community and to the center.
- I feel more creative.
- My physical health improved.
- I plan to participate in more programs at the center/site.

PENNSYLVANIA PARTNERS IN THE ARTS



PROJECT STREAM

- Apply through one of the 13 regional Pennsylvania Partners in the Arts (PPA)
- Applications are reviewed based on Quality of Artistic Product, Process and/or Service; Access to the Arts; and Management
- Available to organizations with budgets under $200,000 or if it is a one time project, also available to individual artists
- Can request up to $2,500 and apply once per partner per funding cycle
- Contact your regional PPA partner for more information, their contact information is available at www.arts.pa.gov

THANK YOU

JAMIE DUNLAP
JADUNLAP@PA.GOV
717-525-5542