about

**Social Isolation**

from

Connect2Affect.org

Intergenerational

programs

Lifelong learning

(Volunteering)

Policies to support an

older work force

Support groups

Lifelong learning (Volunteering)

Senior Centers

Creative/artful aging

Falls prevention programs

Chronic disease

self-management

Leaving the workforce

Loss of a partner or friends

Becoming a caregiver

Ageism

Lack of opportunities for older adults to engage and contribute

Poverty

Rural living

Marginalized groups (racial/ethnic/minorities,LGBT,etc.)

Most prevalent

causes of isolation

Responses that may prevent or reduce isolation

Resiliency & empowerment models

Home-sharing models

Technology training

Untreated hearing loss

Mobility impairments

Frailty

Poor mental health

Lack of accessible and affordable transportation options

Driving retirement

Volunteer-based ride programs

Liveable/age-friendly community initiatives

Lack of Access and Inequality

Societal

Barriers

Life Transitions, Role Loss or Change

Poor Health

and Well-being

Transportation

Challenges