



PENNSYLVANIA
State Plan on Aging
FFY2020-2024

What is the State Plan on Aging?

Why must we develop a plan?

- Required by Older Americans Act, Section 307(a)
- Guidelines provided by Assistant Secretary for Aging, U.S. Department of Human Services, Administration for Community Living (ACL)

The State Plan serves several purposes:

- Document tangible outcomes planned & achieved
- Translate activities into best practices that can help us leverage additional funding
- Provides a blueprint for the next four years
- Build capacity for long-term care efforts in PA

What goes into the plan?

The State Plan on Aging “cover-to-cover”:

- Introductory information
 - Table of contents/Contact info for PDA & AAAs
 - PDA’s mission, vision, core values & plan goals
- Narrative content
 - Executive Summary
 - Review of our structure, AAAs, councils & programs
 - Review of PA demographics, trends, emerging issues in aging
 - Review of state plan on aging development
 - Details of PDA goals, objectives, strategies & timelines/measures
- Appendices
 - Intrastate funding formula, required assurances and sign-offs

At the heart of the plan...

The Goals, Objectives, Strategies & Measures; guided by the needs of Pennsylvania's older adults and ACL's Focus Areas:

- ACL Older Americans Act Core Programs
(caregiver, nutrition, employment, strengthening network)
- ACL Discretionary Grants & Other Funding Sources
(Alzheimer's, health & wellness, age-friendly communities, NWD)
- ACL Participant-Directed/Person-Centered Planning
(person-centered planning, connecting people to resources)
- ACL Elder Justice
(protective services, advocacy, ombudsman, legal assistance)

How is the plan developed?

Some steps are required, all of them are helpful...

- PDA internal strategic planning meeting
- Review 2016-20 plan goals and objectives
- Review “good things” happening in other states
- Receive stakeholder and public input
 - Stakeholder groups submit recommendations
 - Community conversation (virtual this year)
 - Online survey
 - Conversations like this one
- Use Penn State Data Center & other resources
- Synthesize a plan that puts PA older adults first

State Plan 2020-24 Goals

- Goal One: Strengthen aging network's capacity, promote innovation and best practices, and build efficiencies to respond to the growing and diversifying aging population.
- Goal Two: Improve services for older adults and the ability to advocate for them by using evidence-informed planning, committing to data integrity and being accountable for results.
- Goal Three: Establish and enhance efforts to support healthy living, active engagement and a sense of community for all older Pennsylvanians.
- Goal Four: Emphasize a citizen-first culture that provides outreach, embraces diversity, and honors individual choice.
- Goal Five: Advocate for the rights of older adults and ensure their safety and dignity by raising awareness of and responding effectively to incidences of abuse, injury, exploitation, violence and neglect.

Goal One: Strengthen aging network's capacity, promote innovation and best practices, and build efficiencies to respond to the growing and diversifying aging population.

Objectives:

- Leverage technology to improve quality and efficiency of aging services network.
- Increase the Department's capacity to serve older adults through strategic and meaningful partnerships and collaborations.
- Ensure OAA programs are reaching diverse, LEP and socially isolated older adults, including LGBT older adults & those living with a disability.
- Help older adults achieve better quality of life by ensuring those who seek assistance are connected to supportive programs and services.
- Support families and friends who are caregivers to enable them to thrive in their caregiving roles.

Goal Two: Improve services for older adults and the ability to advocate for them by using evidence-informed planning, committing to data integrity and being accountable for results.

Objectives:

- Ensure excellence in service delivery through use of data and analytics to assess the outcomes, quality and value of services provided to older adults.
- Ensure that data capture is efficient, compliant, and provides meaningful information and knowledge.

Goal Three: Establish and enhance efforts to support healthy living, active engagement and a sense of community for all older Pennsylvanians.

Objectives:

- Ensure a network of age and dementia-friendly providers and communities throughout Pennsylvania.
- Advance efforts to reduce stigma associated with mental health disorders and connect older adults with mental healthcare resources.
- Expand the availability and use of programs that reduce social isolation.
- Promote engagement in healthy aging, nutrition, education and prevention programs.

Goal Four: Emphasize a citizen-first culture that provides outreach, embraces diversity, and honors individual choice.

Objectives:

- Ensure aging services information and resources are accessible, inclusive, consistent and available through a variety of sources.
- Build a workforce that prioritizes and is responsive to the needs of older Pennsylvanians by listening, being inclusive, having empathy and respecting individual choice.

Goal Five: Advocate for the rights of older adults and ensure their safety and dignity by raising awareness of and responding effectively to incidences of abuse, injury, exploitation, violence and neglect.

Objectives:

- Increase effectiveness in responding to elder abuse and protecting older adults through expanded outreach, enhanced training, innovative practices and strategic collaborations.
- Increase capacity and expertise in the ability to investigate and resolve allegations of financial exploitation.
- Equip older adults, their loved ones, advocates and stakeholders with information needed to identify and/or prevent abuse, neglect and exploitation, and support them in their ability to exercise their full rights.

How can you participate?

- Participate in the online:

Community & Stakeholder Survey

Available through June 21, 2020 at the following link:

[Participate in Community & Stakeholder Survey](#)

- Join the virtual statewide:

Community Conversation

to discuss the draft 4-Year State Plan on Aging

To be announced next week and held late June



Questions?

Thoughts or insights:

State Plan project manager:
Stephanie Cole
stcole@pa.gov
717.772.0193