

Presented by **WITF** and Dr. Shaun P. Cook

THE SCIENCE OF DREAMS



Wednesday, June 8, 2016
10:00 a.m. - 11:15 a.m.
Lecture and Q&A

Dreaming is one of the most fascinating and mysterious human functions. Have you ever wondered what dreams are and/or how they are formed? Although we all dream on a regular basis, we often wake up barely being able to remember any details. Why is it that we can remember some of our dreams, but not others? We discuss the science of dreams. Not a program where we try to interpret dreams, in this program Dr. Cook offers factual information about the cognitive neuroscience of dreams that most of us are unaware of.

About the Presenter



DR. SHAUN P. COOK **MILLERSVILLE UNIVERSITY**

Shaun P. Cook is a faculty member of the Psychology Department at the Millersville University of Pennsylvania. He received his Ph.D. from the University of Arizona, through the Cognition and Neural Systems Program. Following this, he served as a NSF Post-doctoral fellow at Carnegie Mellon University. Since 2009, he has served as the Director of the Neuropsychology of Memory & Aging Lab at Millersville University. His work mostly focuses on the neuropsychology of memory and aging, with a converging-evidence paradigm that employs behavioral studies, neuropsychology, and mathematical models.

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