

Presented by **WITF** and Bill Gifford, Journalist/Author

BE A SPRING CHICKEN STAY YOUNG FOREVER



Wednesday, February 10, 2016

10:00 a.m. - 11:15 a.m.

Lecture and Q&A

Is it possible to slow down the aging process? As we get older hair gets thinner, our pace gets slower, and sadly many of us develop illnesses. Often so-called “cures” for aging are not cures at all, but rather money makers for companies that target hopeful seniors.

However, current scientific research may hold promise for a better understanding of aging in our future. Journalist Bill Gifford talks about humankind’s obsession with slowing the aging process and the effects it has on our lives.

About the Presenter

BILL GIFFORD **JOURNALIST/AUTHOR**

Bill is a New York Times bestselling author and writer for magazines including Outside, Bloomberg Businessweek, Men’s Health, and others. He is the author of “Spring Chicken: Stay Young Forever (Or Die Trying,” and “Ledyard: In Search of the First American Explorer.” His work has been anthologized in Best American Sportswriting, with an understanding of taste.



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